

## NPTE Study Schedule\_ 2020\_Sample 8-Week Plan

- **Plan to Study Total Duration (100-120 hours): If starting 8-10 wks before the exam (10-15 hours/wk).** For example: 5 days/wk, study 1.5 hrs/day and 6 hrs total on weekend days = (about 15 hrs/wk For 8 wks = 120 hours, see below for example 8 week plan)
- **Treat the exam like a sporting event: Train hard up to 2 wks before the exam > 2 wks before exam take final practice test > 1 wk before “taper” off studying. Day before the exam NO STUDYING.**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Week 1</b>	Study x 6 hrs MSK-Anatomy (3)  MSK- Neck (3)	Study x 1.5 hrs MSK- Neck	Cardiopulm Exam (1.5)	Cardiopulm Exam (1.5)	Cardiopulm Red flags/Vs/Labs (1.5)	Cardiopulm Red flags/Vs/Labs (1.5)	Study x 3 hrs Neuro Adult Pathologies Study 1.5 hrs MSK-UE Review 1.5 hour-card/pul
<b>Week 2</b>	Study x 6 hrs Non-systems- Modalities (3) Study Systems Interactions (3)	Study x 1.5 hrs Systems Interactions	Study x 1.5 hrs Systems Interactions	Study x 1.5 hrs. Lymphatics	Study x 1.5 hrs. Lymphatics	Review 1 hour	Practice Exam 1  Review Exam Results
<b>Week 3</b>	Study x 6 hrs Neuro-Anatomy (3) Ped/reflexes/milestones (3)	Study x 1.5 hrs Neuro -Neuro exam	Study x 1.5 hrs Neuro -Neuro exam	Study x 1.5 hrs GU	Study x 1.5 hrs GI	Review 1 hour	Review GI/GU, Met/End, Lymph 1 hr each (3) Study 3 hrs MSK-Back
<b>Week 4</b>	Study x 6 hrs Neuro Peds pathologies (3) Neuro Geriatrics (3)	Study x 1.5 hrs Cardiopulm-Pathologies	Study x 1.5 hrs Cardiopulm-Pathologies	Study x 1.5 hrs Neuro Adult Pathologies	Study x 1.5 hrs Neuro Adult Pathologies	Review 1 hour	Practice Exam 2  Review Exam Results
<b>Week 5</b>	Study x 6 hrs Integument Pathologies & exam (3) Dressings & other tx (3)	Study x 1.5 hrs Cardiopulm Tx	Study x 1.5 hrs Cardiopulm Tx	Study x 1.5 hrs Integument	Study x 1 hrs Non-Systems Prof roles/safety	Review 1 hour	Study x 3 hrs Non-Systems-Equip Study x 2 hrs Non-Systems Research Review 2 hours
<b>Week 6</b>	Study x 6 hrs MSK-UE (2) Study Met & End (2) CardPulm, Non-syst 1 each: (2)	Study x 1.5 hrs Systems Interactions	Study x 1.5 hrs. Lymphatics	Study x 1.5 hrs MSK Pathologies	Study x 1.5 hrs MSK Pathologies	Review 1 hour	Practice Exam 3  Review Exam Results
<b>Week 7</b>	Study 6 hrs MSK Back (3) MSK LE (3)	Study x 1.5 hrs GI	Study x 1.5 hrs GU	Study x 1.5 hrs Cardiopulm-Pathologies	Study x 1.5 hrs Cardiopulm-Pathologies	Review 1 hour	MSK- Neck (2) Study Met & End (1) Review MSK, Neuro, cardiopulm - 1 hr each (3)
<b>Week 8</b>	Review MSK, Neuro, cardiopulm - 1 hr each (3) MSK-UE (3)	Study x 1.5 hrs MSK LE	Study x 1.5 hrs MSK LE	Study x 1 hrs Non-Systems	Study x 1 hrs Non-Systems Prof roles/safety	Study x 2 hrs Final review	Practice exam 4  Review Exam Results

Musculoskeletal 28% of exam= 30 hrs.\*

Non-Systems 13% of exam= 14 hrs.\*

Lymphatics 3% of exam= 3 hrs.\*

Neuromuscular 23.5% of exam= 25 hrs.\*

Integumentary 5.5% of exam= 6 hrs.\*

Metabolic & Endocrine 3% of exam= 3 hrs.\*

Cardiopulmonary 13% of exam = 14 hrs.\*

Systems Interactions 5% of exam= 5 hrs.\*

GI & GU 6% of exam=6 hrs. \*Roughly Equivalent Hours\*